



Massachusetts Psychiatric
Rehabilitation Collaborative

Annual MassPRC Conference & Institutes

May 15-16, 2024

“Strength, Resilience and Hope: Integrating Psychiatric Rehabilitation Values to Optimize Whole Person Health”

| BASICS | |
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| Conference Location: *Complimentary on-site parking* | Best Western Royal Plaza Hotel 181 Boston Post Road West Marlborough, MA 01752 http://www.rplazahotels.com |
| Conference Dates/Times: | Wednesday, May 15: All Day Institutes 8am-4:30pm (reception immediately following for presenters and attendees) Thursday, May 16: Keynote Address & Workshops 8am-4:30pm |
| Conference Fees: | ONE DAY only: \$150 PRC Members \$200 Non-Members BOTH DAYS: \$250 PRC Members \$400 Non-Members |
| On-Site Lodging: Available 5/14 and 5/15 only | Discounted on-site hotel rate: \$129 Reservations: call 508-460-0700 by May 3 rd and mention MassPRC http://www.rplazahotels.com |
| Conference Registration Information: | *Visit www.massprc.org to register online. *Registration opens April 2 nd |
| Requests for Conference Accommodations: | Individuals requesting accommodations should indicate this at the time of registration. Requests for ASL interpretation should be submitted no later than April 24 th at 5:00pm |
| Continuing Education: Please check www.massprc.org for updates or contact us at info@massprc.org | See website for updated CEU information. Certificates of Attendance available – You must attend entire institute/workshop to receive credit. |

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| Scholarships | Contact Mary Gregorio 617-788-1002 / mgregorio@baycove.org |
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DAY ONE – FULL DAY INSTITUTES

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| <p><u>Institute Schedule</u></p> <p>Wednesday, May 15th:</p> <p>8:00-8:45 Registration and Breakfast</p> <p>8:45-9:00 Welcome</p> <p>9:00-12:00 Institutes</p> <p>12:00-1:00 Lunch</p> <p>1:00-4:30 Institutes continue</p> <p><i>Reception immediately after end of Institutes</i></p> <p>*Breaks will be scheduled at the discretion of the presenters</p> | <p>Institute Options (Choose One):</p> <ol style="list-style-type: none"> 1. Trauma <i>Thomas Brown</i> 2. Motivational Interviewing <i>Suzy Langevin, Open Sky Community Services</i> 3. Alternatives to Suicide <i>Wildflower Alliance</i> 4. Psychiatric Rehabilitation Overview <i>Anne Sullivan-Soydan, Boston University</i> 5. Cognitive Restructuring for PTSD <i>Kim Mueser, Boston University Center for Psychiatric Rehabilitation</i> |
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DAY TWO – KEYNOTE AND WORKSHOPS

Thursday, May 16th:

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| 8:00 – 8:45 | Registration and Breakfast |
| 8:45 – 9:30 | Welcome and Remarks in Ballroom |
| 9:30 – 10:30 | Keynote Address: <i>Anne Sullivan-Soydan “Psychiatric Rehabilitation Rooted in Wellness: Perspectives Across Roles & Generations”</i> |
| 10:30 – 10:45 | Break |
| 10:45 – 12:15 | Session One Workshops |
| 12:15 – 1:15 | Lunch & Annual Meeting |

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| 1:15 – 2:45 | Session Two Workshops |
| 2:45 – 3:00 | Break |
| 3:00 – 4:30 | Session Three Workshops (Conference ends immediately after this session at 4:30) |

Questions? Contact Mary Gregorio 617-788-1002 / mgregorio@baycove.org

See massprc.org for Conference updates

Some Workshop Offerings

1. **Trauma and Psychosis:** *Thomas Brown*
2. **Supervision:** *Kelley Gamble, Open Sky Community Services*
3. **Compassion, Satisfaction and Resilience:** *Kerrin Westerlind, Open Sky Community Services*
4. **Recovery Stories:** *Elizabeth Moore & Danielle Guinan, Waverley Place*
5. **Suicide and Law:** *Mental Health Legal Advisors Committee (MHLAC) & Thomas Brown*
6. **Legislative Advocacy and Lived Experience:** *Mental Health Legal Advisors Committee (MHLAC) & Thomas Brown*
7. **Hearing Voices:** *Wildflower Alliance*
8. **Promoting Skill Use:** *Elizabeth Kelly, Open Sky Community Services*
9. **Recovery Education and Learning (REAL) Program:** *Chris Laureano, Bay Cove Human Services*

Biographical Sketch

Anne Sullivan Soydan, Sc.D, CPRP

Anne Sullivan-Soydan is a full-time assistant professor and a two time alum (MS '87 and Sc.D. '99) at Sargent College of Health and Rehabilitation Sciences at Boston University, where she has taught and mentored and supervised students for almost forty years. She teaches courses in human development and disability, abnormal psychology, and counseling skills and provides academic advising to students in the Behavioral Health program in the Department of Occupational Therapy. She also taught the online preparation courses and conference institutes nationally and internationally for the CPRP, the national certification of the Psychiatric Rehabilitation Association. A member of the board of directors of the Massachusetts Psychiatric

Rehabilitation Collaborative, she is co-chair of the Training and Education committee, providing workforce development for providers and people with lived experience of psychiatric disability.

Anne has spent much of the past forty years developing and disseminating Supported Education initiatives for young adults with psychiatric disabilities as they return to college. She is the author and editor of several publications, book chapters, and an edited textbook on supported education. A Mary Switzer fellowship recipient, she was awarded the LeRoy Spaniol Educator award by the Psychiatric Rehabilitation Association in 2015, and in 2018, the Whitney R. Powers Award for Teaching Excellence, given annually to recognize an outstanding teacher from the Sargent faculty.